



'We Serve'

# LIONS

## Clubs International

We Serve Together

### 105W NEWS UPDATE

Lion Sally Marsh - District Governor



ordinary people *doing*  
amazing things

September 2018

[www.lions105w.org.uk](http://www.lions105w.org.uk)



#### Lions of 105W,

On 27 August MyLION was launched in Europe. LCI have sent out many emails explaining that the app is now available to download. However the advice from MD 105 and the other countries in Europe is not to download and use it at this time. Clubs are also asked not to use MyLION to report the clubs service activities. There are still issues as to whether it is compliant with European GDPR. There will be a

meeting over the first weekend of September for Council Chairpersons when this will be covered. Please wait for more information that I will send as soon as I receive it.

To say the weather in August has been variable may be an understatement, from the many hot and sunny days to the much needed rain, and lower temperatures. However no matter what the weather, Lions across 105W continued with their events both service and fundraising. The highlight of August for me was attending the Bob Cook Games, a wonderful experience. Following a couple of days where the weather forecast put the event under threat, things improved and the decision was made to go ahead as planned. The rain held off for the whole event and it was a pleasure to open the games and present the medals. The look of achievement and pride on each competitor's face as I hung the medal around their neck will remain with me for a long time. Thank you Chippenham for such a well organised and enjoyable opportunity to show our communities one way that 'We Serve'.

Although I was unable to attend, from Facebook posts I could follow the Eisteddfod Genedlaethol 2018 Caerdydd where 9 clubs from 105W organised and manned a PR stall to raise awareness of Lions Clubs International. Well done to you all, and especially the Lion for winning the mascot race.

These are just two of the many events that have happened throughout our district over the last month. If I listed them all the News Update Editor would run out of print space! -Follow what our clubs have been up to on their Facebook pages.

On 19 August I chaired my first Cabinet at which I reported items that were discussed at the Council of Governors meeting and are important to our district.

**MIAB** -As many of you will have experienced, there has been a problem with the supply of MIAB. I am pleased to be able to advise that bottle production and preparation has re-started at HMP Garth, following equipment failings over the summer. It is not possible to state, with any degree of certainty, when all orders will be fulfilled, however, MDHQ staff maintain regular contact with all parties and will continue to do so. I hope that those of you who have placed orders will receive them in the near future. When I receive any more information regarding delivery, I will pass it on to clubs.

**The Multiple District's Insurance Provider** will be changing to JLT on 1 September 2018. The new certificate of insurance and policy will be on the Multiple District website, lionsclubs.co: go to the members area, resources, Lions Clubs Insurance.

**The Patron of the Lions Clubs of the British Isles.** Despite the request that clubs should **NOT** contact our Patron, H.R.H. The Countess of Wessex, directly, there are **still instances of this happening.** All clubs are respectfully requested to send information to their District Governors, who will then advise Multiple District Patron Liaison Officer, PDG Lion Patrick Hamblin.

#### Charitable Incorporated Status

An email about clubs and CIO registration has gone out from the District C.I.O. Officer, Lion David McKirdy to all Presidents and Secretaries, please make sure this is passed on to your Treasurer. **Clubs that DO NOT have a Charitable Trust should contact David urgently to get more information and get started.**

There will be another training arranged for Lions who would like to become Mentors to help clubs become CIOs. Clubs will receive the date as soon as it is available.

During August I have had the pleasure of making 2 more club visits. 18 August I visited Bridgend and 13 August saw us travel to Pembroke and Pembroke Dock for their business meetings. Colin and I enjoyed joining you all and gaining an insight into all the work you do as Lions in your communities as well as the wider global community. I saw more evidence of the efforts Lions make to reach beyond their horizons. I also attended my first zone meeting of this year, in Calne where Zone H were also joined by DG Ken Staniforth 105D. An interesting meeting with information on club service projects and redistricting.

Don't forget the Extra Ordinary Conventions during September. Have you registered to attend?  
MD105SW – 15 September, Kennford, Exeter.  
MD 105CW – 23 September, Ross-on-Wye.  
MD 105SC – 30 September, High Post, Salisbury.  
I hope you have all had an enjoyable August Bank Holiday weekend, whether involved with Lions events or relaxing and recharging the batteries.

*Lion Sally Marsh, District Governor, 105W.*

### Higher Service ...

It is with deep regret that News Update reports the passing to higher service of **Lion Barbara Lane**, Bristol Brunel Lions Club. District Governor, Lion Sally and all Lion members extend sincere condolences to her family.

### The Bob Cook Games, 2018 ...

The Bob Cook Games took place at the County Ground Athletics Track, Swindon on 12 August. The day dawned with soft rain which eased later, but it remained generally dull and cool throughout. However, we did not allow these conditions to dampen our spirits...

This year we had participants from all over the District and beyond to give us about 200 entrants from 15 clubs, along with their helpers.

For Chippenham ladies, the day started at the crack of dawn with rolls and butter and many other ingredients as they started to assemble 400 lunch packs to feed contestants and helpers. Back at the sports arena, Lions from many clubs were also working with canvas, poles, tables and chairs to house all of those who would be arriving for the day. By 9:30 everything was pretty much in place and Highworth and District Lions fed the crew with breakfast butties.

Contestants and their helpers started to appear and the tents were full when the games were formally opened at 10:25 by DG Sally, who wished everyone good fortune and great enjoyment in taking part.

The first event took place immediately after the opening and competition continued until about 4:00 with a short break for lunch. Both track and field events were contested strongly with large entries for field events such as the discus, javelin, shot-put, welly waggling and boules.

Whilst medals were awarded for success in every event, two major trophies are awarded to the lady and the gentleman who were judged to best represent the games' true spirit of determination against the odds. This year the 'The Joy Cook' memorial trophy went to Carole Edmonds (Open Door) and was awarded by Julie Hamlen, daughter of the late Joy Cook and wife of Chippenham Lion, Norman. For the gentlemen, a trophy was awarded in memory of a late Chippenham member and tireless supporter and worker for the games; Ivor Bull. A trophy in his honour was awarded by DG Sally to Nigel Stovold (Kennet Gateway).

The day ended with group photographs and the departure of the athletes; happy, but tired and festooned in medals.

We are grateful, once again, for the assistance of Atlantic College staff, Swindon Harriers and UKA for their supervision, and to The Croft Leisure Centre for their valuable assistance.

As usual, most of the organisation of the day was provided by Chippenham with particular help from Highworth and District Lions Club, however, financial support and manpower is provided by many clubs throughout the District. Chippenham Lions would like to thank all those who took part or helped on the day. Their help is essential to the success of the games.

All helpers will take back their own memories of the games, but I shall recall the tremendous determination shown by all competitors and the pleasure and pride they gained as they were presented with their medals.

The games are always on the lookout to involve more competitors and more Lions Clubs, so if your club would like to be there, then why not approach a Disability Club in your area. Next year's games will be held on 11 August 2019. Put it in your diary now and plan to be there for another great day.



*Nigel Stovold Receives the Ivor Bull Cup from DG, Sally Marsh.*

A fuller report with lots more pictures can be found by following the links on the District Web site home page.

*Martin Horton, PRO, Chippenham Club.*

### Black Mountains ...



1st Hay on Wye Scout group was formed in June 2017 as part of the Radnor Area Scouts. To date they have 22 Scouts, 18 Cubs and are aiming to set up a Beaver Colony for the 12 young people already on the waiting list.

So far this year they have had 7 camps, allowing different groups from the District to join with 1st Hay

They are committed to giving the young people amazing adventures and fantastic opportunities.

Black Mountains Lions Club were pleased to help them with a donation of £2000. They also received donations from Hay Co-op and individuals.

The Group Scout Leader has high aims for the coming year, including setting up their own permanent venue, opening Beavers, consolidating equipment making it possible to run camps and events. If you think you can help them, contact me:

[cherylhyde@btinternet.com](mailto:cherylhyde@btinternet.com)

*Cheryl Hyde, PRO, Black Mountains Club.*

## Cotswold Fosseway ...

New housing developments nearing completion in Northleach have prompted Cotswold Fosseway Lions club to organise a Community Open Day in September.

To be held at the town's Westwoods Community Centre from 2pm to 5pm on Sunday 30 September, the event is designed to showcase what the community has to offer. A total of 20 local organisations representing clubs, community groups and projects have been invited to participate in the event, which is open to all.

There will be various stalls, displays and demonstrations to inform and delight. The Lions Club members will be offering tea, coffee and other refreshments.

The Lions will also be active in Bourton-on-the-Water earlier in the month when they hold their 'Famous Lions Coffee & Cakes Day' at Victoria Hall on Saturday 1 September. Doors open at 11am and close at 4pm.

The club will again be supporting the annual Northleach Steam & Vintage Fair the following weekend by staffing the entrance gate on Saturday 8 and Sunday 9 September.

At our August meeting, Members voted to make donations to two Cheltenham based charities. Cobalt Health is a medical charity leading the way in diagnostic imaging. They invest in equipment, research and education to help this happen.

The second beneficiary, Hope for Tomorrow, is dedicated to bringing cancer care closer to patients' homes via their mobile cancer care units.

*Mark Ogden, PRO, Cotswold Fosseway Club.*

## Ross on Wye in Carnival mood ...

How to get in touch with young people – give them a bit of fun! Recognising that summer holidays can be costly for families, at Ross on Wye Carnival, the Lions organise 'free stuff for kids'. In the Lions tents can be found free pottery, free face painting, free games and a Punch and Judy show (or two). Add to that free tea and coffee and there was something for every generation to enjoy!



Also, thinking of the youngsters and our DG's promotion of plastic reduction, the Club gave away drinks of squash in reusable plastic drink bottles which proved very popular.

*Sue Wilding, Ross-on-Wye Club.*

**105W Members end of August 2018 – 874**

## Activities snippets ...

Activity snippets sourced from the Activity Reports completed last month on MyLCI up to 28 August.

**Black Mountains Club** manned two stalls at the Annual Steam Rally.

**Cotswold Fosseway Club** laid lines of coins across a local stone bridge.

**Dursley Club** donated to 'Hope for Tomorrow' mobile chemotherapy units.

**Forest of Dean Club** donated to LCIF.

**Keynsham & District Club** secures a grant to help refurbish the outdoor theatre at local Academy.

**Lechlade & District Club** held their first Open Water Swimming event.

**Radstock & Midsomer Norton Club** hosted two youth exchange guests prior to the MD Youth Camp.

**Severn Dean Club** held a Barn Dance in aid of Great Oak's Hospice.

**Swindon Club** supplied MIAB to Parkinsons Disease Society.

**Wotton Under Edge Club** help supply new defibrillators around the town.

*John Seymour, Communications Team Leader, 105w.*

## Medic Alert Early Start ...

I believe that most of the clubs in the District are aware of this programme. It provides Medic Alert cover for children with serious illnesses and conditions up to the age of 10 years.

As part of the Multiple District's Centenary programme a target of raising funds to support 100 children was set. To assist in this aim Medic Alert pledged to match funding on a one to one basis.

At the end of the year, Lions had donated £21,914 of which £20,924 attracted match funding. This has resulted in 145 children being enrolled into the programme until their tenth birthday- a magnificent achievement.

Unfortunately, our MD Charity Treasurer sent cheques to Medic Alert and did not itemise the donations and a number of clubs have not received a letter of thanks from Medic Alert. I have been asked to convey to clubs in 105W the sincere thanks and appreciation of the Trustees of Medic Alert for the Lions wonderful response.

Please remember that you can still support the Early Start Programme and now it is possible for you to support a child from your local community.

*PDG Harry Smith, [medicalert@lions105w.org.uk](mailto:medicalert@lions105w.org.uk)*

## District Vacancies ...

We are looking for enterprising lions to fill the following posts:

... **Marketing and PR.**

... **LEHP and Sight.**

... **Lifeskills.**

Please contact me if you would like to be considered for these posts.

*DG Sally, [dg@lions105w.org.uk](mailto:dg@lions105w.org.uk)*

## Membership Matters ...



How quickly we forget the hot days of summer. I heard on the radio that it is only 17 weeks until Christmas! So maybe you will be planning your Santa activities soon. While you are

doing your Service planning, are you also planning how you will be promoting volunteering and looking for people to help you?

Many Clubs find that by asking for volunteers they can involve non-Lions who may, sooner or later, be open to a suggestion that they could join their Club. There are plenty of volunteer opportunities in Autumn and Christmas time, so make your Community aware that you would value their help and reach out to those who might like to get involved with what you do. Don't assume that they know they can help – remember to Ask!

Please remember that there are Lions all over the District who will help with this and other Membership issues, just waiting to be asked. That includes me, so I look forward to anyone who wants to talk Membership to get in touch.

[membership@lions105w.org.uk](mailto:membership@lions105w.org.uk)

*Sue Wilding. District Membership Officer (GMT-D)*

## Newport and Usk Vale ...

The club has been helping the homeless for some time, collecting and distributing food, clothing and toiletries, working in conjunction with churches in our area. At Christmas and Easter we make up celebration parcels to distribute in addition to our normal donations.

This year one of our Lions informed the club that a new school was being built and that various equipment was being disposed of from the old school premises. One lion suggested utilising school lockers, and placing them in hostels and key buildings which the homeless frequented, to enable them to keep their important personal belongings, keeping them safe and dry.

This led to us obtaining 50 blocks of lockers! Local builders merchants Hughes Forrest provided us transport, the lockers were taken to Lliswerry Church where the lockers were stored.



Over the next few days Lion Sharon Dubber, who was coordinating the distribution of the lockers, began contacting potential charities who would

be willing to use the lockers to benefit and meet the needs of their service users.

Charities who have benefitted to date include:

- \* Vision of Hope Charity – Gilwern Abergavenny
- \* Amazing Spaces a charity who convert metal containers into homeless shelters and facilities for the homeless based in Llanwern in Newport
- \* Edengate Night shelter – who are expanding to operate 365 days a year
- \* Lliswerry Church
- \* Help Bristol's Homeless

In addition we were able to secure 4 large notice boards and over 20 padded comfortable chairs for a local church who support the Lions in their work collecting donations for the homeless and the hostels in and around our geographic area.

This is another example of supporting those in needs whilst working in partnership with individuals, and organisations within the communities we serve. This project was about Lions giving their time and utilising their knowledge, skills and talents to benefit others less fortunate within our communities.

*Jim Thompson, President, Newport Club.*

## Diary Dates ...

### September

- 3 **1st VDG visits** Wotton-Under-Edge.  
**2nd VDG visits** Gower & Llŵchwr Estuary.
- 4 **1st VDG visits** Melksham.
- 5 **2nd VDG visits** Black Mountains.
- 6 **DG visits** Cardiff (TBC).  
**2nd VDG visits** Dursley.
- 10 **DG visits** Keynsham & District.
- 11 **1st VDG visits** Cotswold Fosseway.  
**2nd VDG visits** Brecon.
- 15 **105SW Extraordinary Convention,**  
**Exeter Court Hotel, EX6 7UX.**
- 18 **DG visits** Porthcawl.
- 23 **105CW Extraordinary Convention,**  
**The Chase Hotel, HR9 5LH.**
- 27 **1st VDG visits** Aberystwyth.
- 30 **105SC Extraordinary Convention,**  
**The Stones, SP4 6AT.**

### October

- 1 **1st VDG visits** Tenby & District.
- 2 **DG visits** Forest of Dean.  
**2nd VDG visits** Ross-on-Wye.
- 3 **2nd VDG visits** Carmarthen.
- 6 **DG at** Marlborough & District 42nd Charter Dinner.
- 9 **DG visits** Abertillery.
- 10 **DG visits** Glantawe Swansea Valley.  
**1st VDG visits** Bradley Stoke Branch.
- 11 **Lions World Sight Day.**  
**1st VDG visits** Lechlade & District.  
**2nd VDG visits** Swansea.
- 14 **DG at** Cheltenham Charter Dinner.
- 19-21 COG meeting, Birmingham.
- 20 Bristol Brunel Charter Anniversary.
- 25-27 Europa Forum Skopje, Macedonia.
- 27 **DG at** Thornbury 31st Charter Anniversary.

The diary dates are extracted from the District Calendar on our Website, [www.lions105w.org.uk](http://www.lions105w.org.uk). ANYONE can enter events onto this Calendar, but contact [webmaster@lions105w.org.uk](mailto:webmaster@lions105w.org.uk) to amend or delete entries.

## October News Update ...

For October 2018 News Update, please submit articles to [news@lions105w.org.uk](mailto:news@lions105w.org.uk) by 25 September. *Editor Derek.*